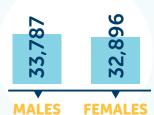
Limestone Coast



POPULATION: 66.683



1.9%



8,253

AGE PENSION

General Practices

SERVICES:

8 General Practice Outreach Services







30Mental Health Services

Mental Health







The Limestone Coast region is:



Above the state average rate for:

- Self reported current mental health condition (SAMSS)
- Anti-depressant prescriptions (aged 0-64)
- ADHD related prescriptions (aged <18)



Below the state average rate for:

- High/Very High psychological distress (SAMSS)
- Psychological Therapy Services provided
- GP Mental Health Plans prepared
- Anxiolytic and Antipsychotic prescription

Mental Health. Alcohol and other Drugs



Community Consultations – Key Recommendations



Increased psychosocial support services, prevention and education activities



Treatment of the root cause of problems and not just the corresponding symptoms



Increased government funding and specialist service affordability



Telehealth service implementation to support existing services but not replace face to face consultations



Detoxification services and family support for clients wishing to recover and reform



The introduction of a crisis centre for early intervention

The information in this document is based on the Country Health SA LHN boundaries and is correct at time of printing. Printed February 2018.









Regional Stepped Care



Limestone Coast Mental Health Services

4.6% of population

30,674 persons

3.1% of population

2,067 persons

23.1% of population

6,001 persons

9.0% of population

15,403 persons

At Risk groups

Self-help resources, low intensity

interventions including digital

Mild Mental Illness

Mix of self-help resources and low intensity face to face services with Psychological Services to those who require them.

Moderate Mental Illness

Face to face clinical services through PHC and psychiatrists where required.

Clinical based self-help resources and other low intensity intervention services.

Severe Mental Illness

Clinical care using a combination of GP care, Psychiatrists, mental

Inpatient services and psychological

for complex and severe illness.

Low Intensity Mental Health Service

Regional Access

Whole rural and remote South Australia:

• Low Intensity Psychological services via telephone and online counselling available 24 hours a day, seven days a week

Provider: On the Line

headspace Centre

Mount Gambier

headspace Outreach Service - Upper South East

Access via telehealth to SE schools Keith, Naracoorte, Lucindale and Bordertown

Provider: Uniting Communities

Psychological Therapy Services

Mental Health Clinicians:

- Bordertown (RDGP)
- Kingston SE (RDGP)
- Millicent (RDGP)
- Naracoorte (RDGP)
- Mount Gambier (RDGP)
- Keith (RDGP)

Suicide Prevention referral pathways embedded into Psychological Therapies for those at risk of, or have attempted suicide or self harm.

ATSI Mental Health Services

• Mount Gambier – Pangula Mannamurra

Community Support Scheme

Individual Psychosocial Rehabilitation Support Services

(IPRSS) - MIND IPRSS - NEAMI (Upper SE)

Accommodation Support Program

UCW, Port Adelaide - Mount Gambier focus

Commissioned Services Legend:

Country SA PHN commissioned mental health

Country Health SA Local Health Network and commissioned mental health services

This stepped care continuum represents joint service mapping and collaboration between Country SA PHN and Country **Health SA Local Health Network.**

Mt Gambier and Districts Health Service

6 beds Acute Inpatient service

South East Community Mental Health Services

Mt Gambier Intensive Community Program Subacute level of care

Clinical Care and Coordination (Triple C)

Mental Health Nurse

- Bordertown
- Millicent

Provider: RDGP

Youth Complex Care Service via headspace

• Mount Gambier

Primary MH Care services for people with severe mental illness

Mount Gambier

Provider: RDGP





