

Improving emergency and follow-up care after a suicide attempt

Findings from the Country SA National Suicide Prevention Trial

Supporting people after a crisis



Aftercare Services

- My Life Service Areas**
Delivered by Country and Outback Health
- Aboriginal Aftercare Service Area**
Delivered by Pika Wiya Health Service Aboriginal Corporation



Clinical outcomes of client distress



Clients reported decreased levels of distress whilst supported by Aftercare teams. The maximum score is 50 indicating severe distress, the minimum score is 10 indicating no distress.

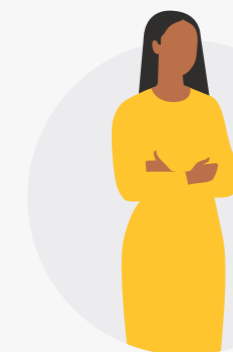
Clients Accessing the Aftercare Service

Top 5 Principal Diagnosis



- Depressive Symptoms or Disorder
- Anxiety Symptoms or Disorder
- Mixed Anxiety & Depressive
- Symptoms Post-traumatic Stress
- Disorder Severe Mental Illness

Did You Know...



CSAPHN established Australia's first Aboriginal specific Aftercare model delivered by an ACCHO and co-designed with the local Aboriginal Community.

Client Testimonial



The home visits and the phone calls, when you least expect it, they would just ring up and they were just checking in. It is good to have that kind of follow up. One of the things I am really impressed with is that they leave absolutely no stone unturned.

Parent Testimonial

'In the past we have tried to get help for our daughter, and nothing was done, we would call services and hear nothing back. But this service, they came every week and that made me feel good that my daughter has got help. So, if she's having a bad week, sometimes they just come up out of nowhere'...that's what I liked about it'

Staff Testimonial

From what I have seen over the past 2 years, is that clients that have come through the service are getting a good service that is getting clients to a stage where they are not re-admitting to ED with suicidal ideation, or self-harm, which is a good thing.