

Improving the Competency and Confidence of Frontline Workers to Deal with Suicidal Crisis

Country SA National Suicide Prevention Trial

Helping the Helpers Campaign initiative of the Whyalla Suicide Prevention Network

First Responders Campaign

To provide information and resources about PTSD to first responders, promote positive mental health and reduce the stigma that prevents people from seeking help.

General Public Campaign

To promote recognition, understanding and empathy for the role first responders play in the local community. Watch Helping the Helpers short films [here](#).



10
Short Films
Developed



1,500+
Total Views



Establishment of a formal cross jurisdiction referral mechanism between emergency responders and postvention service providers.

Amendments made to the SAPOL form PD44 Identification of Deceased to now include mandatory collection of ethnicity to assist with provision of culturally appropriate support.

Introduction of joint training with postvention providers for all South Australian Police Cadets.

One postvention referral card in all police cars replacing four service provider cards for different jurisdictions.

Question Persuade Refer (QPR) Training

Question Persuade Refer Training undertaken by Emergency Responders and promoted by South Australian Ambulance Service.



First Responders Wellness Dinner

Over **60** First Responders in attendance from South Australian Police, South Australian Metropolitan Fire Service and South Australian Ambulance Service.

