



Country SA News July 2021 Edition

phn
COUNTRY SA
An Australian Government Initiative



Message from the Chair

I'd like to take this opportunity to introduce myself as the new Country SA PHN Chair. I thought it would be beneficial to share my personal story so you can get to know a little about me, the path that has led me to being CSAPHN Chair and my vision for the organisation.

My hobbies are hiking, reading and travel. I love a great restaurant, with a tasty bottle of wine, a good laugh with good company.

I'm passionate about football and have supported Port Adelaide my whole life. My family is the most important part of me and I live in Roxby Downs with my young family.

I was born in Adelaide, but grew up in Port Lincoln, until late primary school. I am a second-generation Eastern European immigrant on my mother's side and am bilingual. I went to Norwood High School.

I went to Adelaide University and after graduating worked at Flinders Medical Centre. I then decided I needed to explore my origins and the world. I sold all my belongings and bought a one-way ticket to the United States. I travelled around the US for some time and discovered my love of travel and good company.

I then went to England which I loved but I wanted to move further to the East where a combination of good luck and circumstance led me to a job in Eastern Europe. I settled for five years working in Europe including the UK, Russia and Ukraine. I went to Eastern Europe to immerse myself in my mother's culture, improve my language and meet extended family, many for the first time. It was a voyage of discovery to understand who I was and what was important to me - my values. I met many amazing people and travelled extensively throughout Russia, Siberia and through Europe. I discovered a passion for hiking and have walked many of the great hiking adventures - using Moscow as a base to explore the world.

Whilst in Eastern Europe I worked for International SOS, based in Moscow - providing general practice as well as emergency and retrieval services. At times, we would retrieve patients to Western Europe and I would get to spend a night in different places. It was an exciting place to be at the time.

It was interesting essentially being an overseas trained doctor in a foreign country where my language was good, but not perfect, and where I understood but had not lived the culture. It has forced me to reflect on the very real challenges of International Medical Graduates in Australia. It was an exciting job, but very challenging personally and professionally. I moved back to London and worked in emergency medicine and psychiatry for just over a year. I then decided to move back to Australia taking three months off along the way to travel back to Moscow.

Eventually, I moved back to South Australia for family reasons and decided rural general practice was what I wanted to do, after doing some locums in New South Wales and working in emergency departments in Adelaide. I thought I would try it for a year at first ... and I am still here. Rural general practice offered me an eclectic mix of challenges and I enjoyed the lifestyle. I was able to use all the skills I had learnt over my time.

I worked supporting the Department of Defence at Woomera for several years and worked at the Woomera Detention Centre providing healthcare to refugees for almost four years until it closed. This was particularly tough emotionally and led to an element of burnout and I pulled out of after-hours services for a couple of years as a result. It was the hardest part of my life working in the detention centre and seeing the distress of those from the Middle East and Afghanistan. This is still very topical today.

I then moved to Roxby Downs and established my own practice from scratch with the support of the mining company. I have grown the practice from being just a solo general practice to having three full time doctors, three practice nurses and four support staff. We support the after-hours at the hospital and I provide an outreach service to Woomera 80km away. We have a visiting private obstetrician and visiting private allied health. Our practice provides support to Defence activities at Woomera and to projects at the BHP mine at Olympic Dam.

I became involved in the systemic challenges in rural medicine about five years ago after a disagreement with the medical administrators at Port Augusta Hospital. I felt the on-call arrangements at Roxby Downs Hospital were fundamentally unfair. I won this battle and obtained the changes I was seeking. But it changed something within me. I no longer wished to be passive. I had almost been made to accept something so illogical and unfair from the powers at Port Augusta, and I felt completely isolated and almost powerless as a rural GP. I strongly feel that rural GPs have been pushed around and been passive for too long.

I joined my local health cluster to try to influence change in my community. I engaged with the local council in an advisory capacity for a few years. I joined the Australian Medical Association in SA to try to advocate for change and now sit on the AMA (SA) council and as the SA representative for the Federal Council of Rural Doctors of the AMA. I am now trying in a small way to influence the direction of rural general practice in SA. But it is not easy. Certainly, the real issues behind the problems with retention and recruitment of rural doctors have never been addressed at a state level. It continues to be a major disappointment to me that in 20 years in Rural General Practice in SA I have seen a worsening in prospects for the future GP workforce. I am hopeful of a change with the development of the Rural Generalist Program in SA.

Last year I accepted a position to join the Country SA PHN Board, and then a position as the Chair of this Board – starting officially on July 1. Primary care is my passion. Support of primary care is of great interest to me and I wanted to see what I could do to assist.

My predecessor, Dr Alison Edwards, has done an amazing job for many years as Chair and prior to this in the various other iterations which the Federal government supported in the context of primary health care. Her institutional knowledge is second to none. She has helped me immeasurably with her wise counsel during the transition. I have a capable and supportive board behind me with many years of experience and I expect that I will be leaning on them heavily over the coming years.

My vision is for CSAPHN to influence and advocate with LHNs and state governments to shift models of care and invest in patient centred and community-based care. I want to build general practice quality and capability. I want CSAPHN to be innovative and creative and to be a national leader in this regard. I want CSAPHN to be truly representative of every corner of our state. I want to engage and listen to stakeholders and particularly consumers.

I am looking forward to the challenge.



Free Cultural Awareness Online Training Available Now

Country SA PHN (CSAPHN) has purchased 120 subscriptions to the [RACGP Cultural Awareness Active Learning Module \(ALM\)](#) for Non-Member GPs, general practice staff and health professionals in country SA.

RACGP Members have access to the Active Learning Module via the [RACGP GP Learning Website](#).

The Introduction to Aboriginal and Torres Strait Islander Cultural Awareness in General Practice aims to improve the health of Aboriginal and Torres Strait Islander peoples by enhancing the cultural awareness of GPs, general practice staff, medical students, primary health care staff, and other health care providers.

This 6 hour Active Learning Module aims to help participants to:

- extend their knowledge about Aboriginal and Torres Strait Islander history and culture,
- explore how attitudes and values can influence perceptions, assumptions and behaviours in a clinical setting, and
- discuss key ways the practice team can be more culturally aware.

The module is accredited for 40 Category 1 QI & CPD points.

The value of the subscription for Non-Members is \$179, however CSAPHN is offering this free to health professionals working in country SA.

To take advantage of this opportunity, please fill out the [registration form](#) and send to Anthea Kemp akemp@countryasaphn.com.au or call Anthea on (08) 8821 6708 to find out more.



Supporting GPs in their approach to patients who are victims of Domestic Violence: establishing an evidence-based referral pathway

Research Participants Invited

If you are a health professional working within the South Australia Domestic and Family Violence (DFV) sector, or you are a GP or GP registrar in South Australia, you are invited to participate in establishing an evidence-based referral pathway. Participants will attend a two-hour long focus group discussion to explore the key challenges faced at a primary healthcare level when managing patients who are experiencing DFV.

The study aims to explore the key challenges GPs and other primary healthcare professionals face when managing patients who are victims of DFV, particularly in regards to referral pathways. The information gained through this project, will be used to establish an evidence-based referral pathway for primary healthcare professionals to use when managing patients who are experiencing DFV.

This study is being undertaken by the University of Adelaide's Discipline of General Practice (DGP) in partnership with HealthPathways SA.

If you are interested in participating, please contact Dr Brian Gue, Grant Funded researcher (A), RACGP Academic Registrar, MBBS, B.Med Sci (Hons)
Email: brian.gue@gpemail.com.au or phone: (08) 8313 3462

HealthPathways SA is free and available for all South Australian health professionals.
To access or to find out more: <https://saproject.healthpathwayscommunity.org/Home.aspx>



Support for Patients with Perinatal Depression and Anxiety

Up to one in 10 women, and one in 20 men, experience depression during pregnancy which then increases in the year following birth to one in seven women, and one in 10 men, experiencing depression with anxiety disorders prevalent in almost one in five women(1).

Mild to moderate conditions may be managed in the community by general practice and support agencies, but knowing what care is needed and what supports are available is challenging.

Information to support assessment, management and care for your patients experiencing perinatal depression and anxiety is now available on [HealthPathways SA](#) including information on non-pharmacological treatments and referral options for community and mental health support.

"It is so important that GPs are confident with identifying women who are at risk of, or who have developed perinatal depression and anxiety. Assessing and managing these women well is critical not only for their health, but also for the health of their babies and families. The Perinatal Depression and Anxiety pathway has been developed in conjunction with a leading South Australian perinatal psychiatrist. The pathway outlines the referral pathways and available support services within SA. This resource is invaluable in terms of supporting South Australian GPs in this complex area of clinical practice." Dr Katrina Couchman GP Clinical Editor.

HealthPathways wishes to thank Ros Powrie (Perinatal Psychiatrist) who developed the pathway with Dr Couchman, and all those who provided feedback on the draft for their time and valuable contribution to pathway development process.

For all queries including login, please contact the HealthPathways South Australia team: enquiries@sahealthpathways.com.au

1. Anxiety & Depression in Pregnancy & Early Parenthood. Factsheet. PANDA. Accessed August 2021 <https://www.panda.org.au/awareness/resources>



Shingles Recall Pilot Program

Last chance to be involved

The Shingles vaccine, Zostavax, is available free of charge on the National Immunisation Program (NIP) for patients in Australia aged 70-79 years. The program has been partially successful in that approximately 50% of patients in this age group haven't received the shingles vaccine. The Shingles Recall Pilot Program aims to evaluate the effectiveness of a GP Practice-initiated recall in this patient group.

Healthily have integrated GoShare functionality with CAT4, to create GoShare Plus. This will enable a GP Practice to generate a list of unvaccinated patients using CAT4, and send them an SMS with an embedded link to an information video and fact sheet.

The entire process can be completed in 5-10 minutes, representing a very efficient method for a Practice to communicate with a target patient group to promote a specific health outcome.

For further information contact the Practice Support Team on support@country@saphn.com.au



Support for aged care residents during COVID-19 Webinars

GPEX and Country SA PHN recently delivered a three part webinar series to raise awareness of the importance of providing allied health services and support to people with dementia, and other residents with complex medical needs living in Residential Aged Care Facilities (RACFs) during COVID-19.

A key aim of the education package is to inform health professionals of the temporary Medical Benefits Schedule (MBS) item numbers made available by the Commonwealth Department of Health to facilitate additional allied health and mental health services to aged care residents up to 30 June 2022:

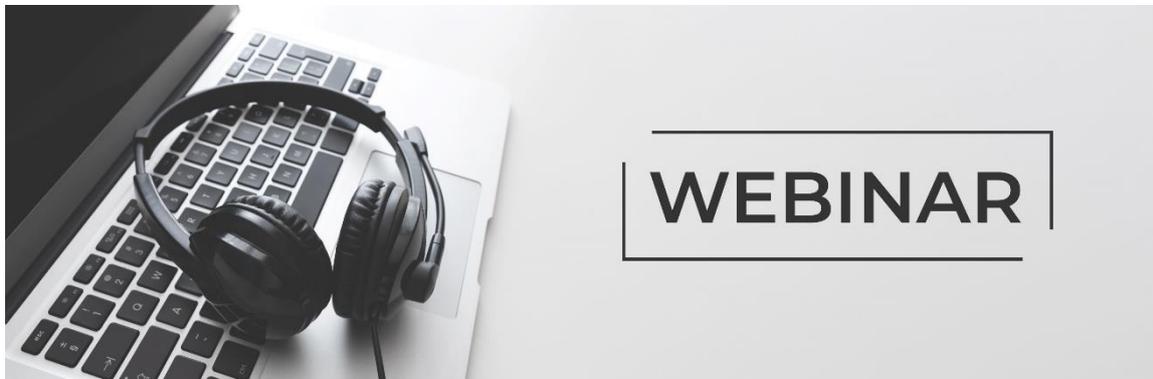
- Aged Care Webinar 1, Supporting Aged Care Residents with Chronic Conditions and Complex Care during COVID-19
- Aged Care Webinar 2, Mental Health Support for Aged Care Residents during COVID-19
- Aged Care Webinar 3, Allied Health Support for Aged Care Residents during COVID-19

The webinars are facilitated by Jane Calligeros, owner and lead consultant at CDM Plus. Jane has 18 years of nursing experience, has postgraduate qualifications in Chronic Disease Management and was nominated in 2015 and 2017 for an Australian Primary Health Care Nurses Association (APNA) Best Practice Award in Chronic Disease Management for her accomplishments in Aboriginal Health.

Jane's unique nursing background, knowledge of primary health care funding mechanisms and Medicare Benefits Schedule (MBS) Item Number requirements is a valuable resource for general practices.

The webinars include links to useful downloadable resources including pre-populated billing sheets that provide a detailed overview of applicable MBS items to facilitate and maximise the delivery of services to residents.

To access the webinar series, please click [here](#) if you have a question around this series please contact the GPEx Extend team on (08) 8490 0400 or at gpextend@gpex.com.au



Save the Children Australia nutrition literacy program for Aboriginal parents and caregivers

From April to June 2021, Country SA PHN (CSAPHN) provided funding to Save the Children Australia (SCA) to implement a combination of strategies in the Far West Coast of South Australia to improve nutrition literacy amongst Aboriginal parents and caregivers across various age groups and provide access to nutrient dense food.

Health and nutrition education was provided to all families in residence including hands-on meal planning, shopping, in house cooking workshops, food hygiene practices and how to store leftovers, which can reduce stress during busy times for families. This was provided via role modelling, goal setting and information distribution to families using the Supported Accommodation service in Ceduna and to those receiving the program's outreach support.

Priorities included reducing sugary foods, establishing food routine and mealtimes, and attending appointments for iron supplementation as needed. Staff ensured fruit and healthier snacks were available. Families participating in service have at least one child under two years of age and/or are pregnant. Staff created a safe place where residents were free to ask questions without judgement.

SCA partnered with the Ceduna Aboriginal Corporation, Ngura Yadurim Children and Family Centre and Connected Beginnings, to reach outlying communities in the Far West Region delivering early childhood activities in Ceduna, Koonibba, and other Aboriginal homelands, reaching families and children under the age of five.

Under SCA's Healthy Recess Program, a healthy recess snack for every school day of the program was provided to 232 primary aged children (five to 12 years) in partnership with staff from Crossways Lutheran School, Koonibba Aboriginal School and Yalata Anangu School.

Training was provided and the Healthy Kids Healthy Communities (HKHC) model in our supported Play2learn playgroups was implemented. HKHC is licensed through Charles Darwin University and focuses on evidence-based nutrition and active play messages. Core elements of HKHC delivered at SCA early childhood activities included providing a fruit and vegetable time at every session. Children and carers were encouraged to focus on this experience through prompting questions and interactive feedback. This exploration gives families room to expose children to new foods with curiosity, transforming children's experiences of fruit and vegetable into an enjoyable experience. To celebrate this exploration, children participated in early childhood craft and learning activities and an evolving artwork.

In addition, through the support and funding by the CSAPHN, SCA held activities within the service and at important community partnership events including contributing fruit and snacks and cooking activities at 11 events, which provided opportunities to promote nutrition in an accessible way.



Emergency Response Planning Tool (ERPT) Expression of Interest

Country SA PHN is providing funding for general practices within country SA to access and use the ERPT. An up-to-date plan which best positions your practice to appropriately prepare for, respond to and recover from, the impacts of emergencies with your community.

What is the ERPT?

The Emergency Response Planning Tool (ERPT) is a cloud-based tool which assists general practices in better preparing for, responding to and recovering from the impacts of emergencies and pandemics.

The ERPT is managed by Healthpoint ANZ and was developed in collaboration with the Royal Australian College of General Practitioners (RACGP).

How does it work?

The critical information entered into the ERPT is used to create an emergency response plan which is individually tailored to your practice, providing a roadmap to recovering from emergencies.

Maintaining an up-to-date emergency plan helps ensure the safety of your staff, the smooth recovery of your practice and reduces the risk of financial loss.

To ensure business continuity, the ERPT provides suggested contingency measures for staff so that, in the event of an emergency, they will know how to respond to:

- a pandemic
- loss of power supply to the practice
- disruption to water and gas supplies
- disruption to telecommunications systems
- loss of IT systems or data
- loss of business records
- complete or partial loss of practice premises
- loss of medical supplies, equipment and furniture
- loss or non-availability of key staff

- Covid safety plan.

The response and uptake for the tool has been overwhelming and we have limited licences to offer. For more information and registration of your expression of interest in receiving the Emergency Response Planning Tool (ERPT) please email support@countryssaphn.com.au and a member of the Practice Support Team will contact you to arrange access.

ERPT EMERGENCY
RESPONSE
PLANNING TOOL
erpt.racgp.org.au

 **RACGP**
Royal Australian College of General Practitioners

 health
point



Quality Improvement Training for Registrars

The aim of the PIP QI is to reward practices for participating in continuous quality improvement activities in partnership with Country SA PHN.

The Practice Support team are available to conduct remote sessions covering the use of Pen Cat and Top Bar focussing on PIP QI and the Model for Improvement. The team can work with you to develop a tailored activity plans for quality improvement within your practice.

The Model for Improvement uses the Plan-Do-Study-Act (PDSA) cycle, a tried and tested approach to achieving successful change. It offers the following benefits:

- it is a simple approach that anyone can apply
- it reduces risk by starting small
- it can be used to help plan, develop, and implement change that is highly effective.

The Model for Improvement helps you break down your change into manageable pieces, which are then tested to ensure that the change results in measurable improvements, and that minimal effort is wasted.

To arrange remote training for your registrars in quality improvement using the Pen Cat or Top Bar please contact support@countryssaphn.com.au and a member of the Practice Support team will contact you.



Regional Remote Practice Network Meetings

With the ongoing restricted face to face visits, the Practice Support Team have established regionally focused remote Practice Network Meetings.

The informal thirty minute meetings via Microsoft Teams has proven very successful and provides practice managers the opportunity to speak to other practice staff in the region. It is also an opportunity for Country SA PHN (CSAPHN) to provide updated information regarding current activities and identifying any support CSAPHN can provide to the practices.



A small chat can make a big difference

Conversations play an important role in recognising when someone is going through a difficult time and connecting them to right type of care.

Starting a conversation about mental health challenges with someone you care about can sometimes feel challenging. That's why a partnership between the National Mental Health Commission and Australia's national mental health organisations who specialise in supporting children, young people, and parents – batyr, Beyond Blue, Butterfly Foundation, headspace, Kids Helpline, Orygen, and ReachOut – have today launched #ChatStarter

#ChatStarter was designed with the support of parents and young people. The program can open opportunities for us to reach people before they reach crisis point and help them access the right type of care. However, talking may not necessarily be the best way to 'start a conversation'. Sometimes engaging in fun, creative, and productive activities together can transcend barriers to conversation, build trust and help create safe spaces for people to talk about how they're feeling, and the kind of support they need.

Young Australians and parents are encouraged to create their own content on social media on how they start chats safely with others.

For more information visit <https://www.headtohealth.gov.au/covid-19-support/chatstarter>



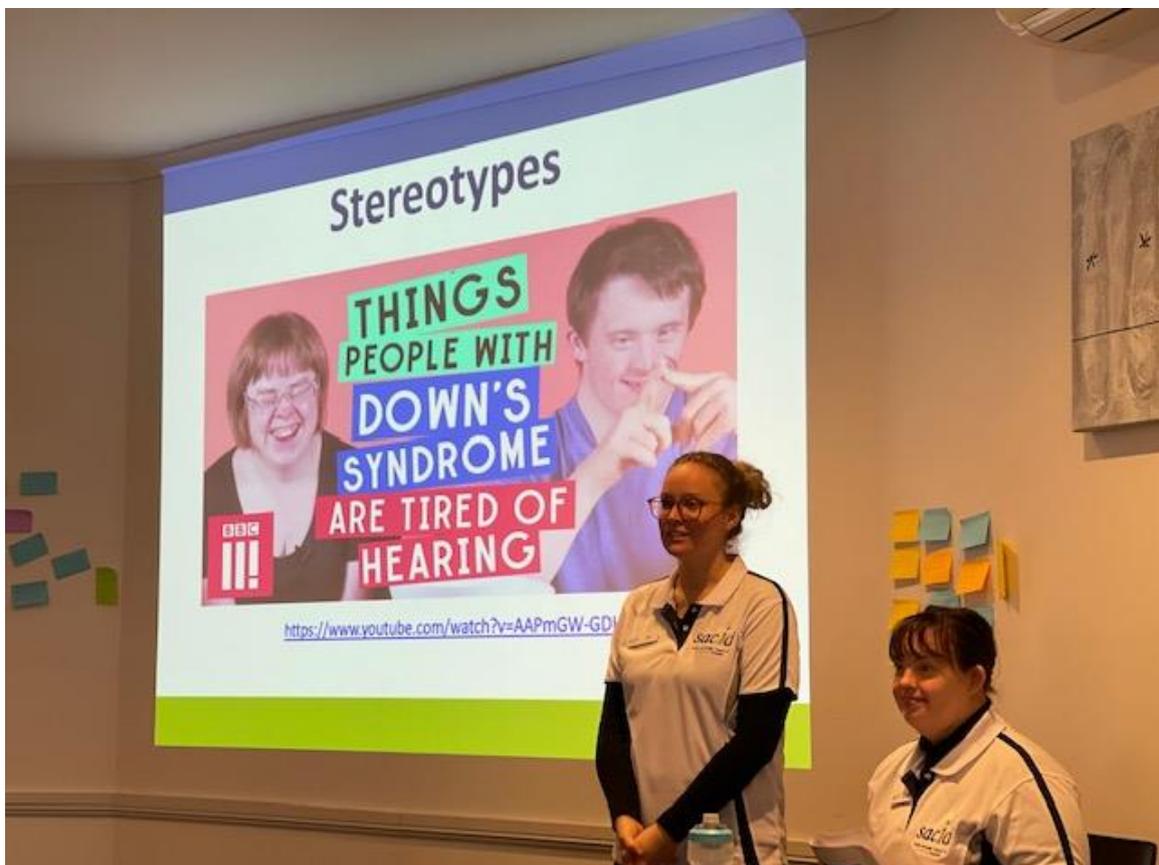
Connect-Able Intellectual Development (ID)

The Summit Health Connect-Able Intellectual Disability (ID) project funded by Country SA PHN to support the development of improved pathways to care for people residing in Mount Barker and surrounding regions impacted by an intellectual disability.

A Intellectual Disability Awareness and Inclusion Workshop was held in April 2021 and was facilitated by the South Australian Council on Intellectual Disability (SACID) under the banner of the Connect-Able Project. The workshops' focus was to provide education and training to a wide range of community members about the needs of individuals living with an intellectual disability, and in supporting and improving their access to quality healthcare.

A highlight from the workshops was the co-presenter, who as a person with lived experience provided valuable insights to participants and underlined the importance for people with an intellectual disability to be included in, and valued by their community.

Enthusiasm and positive feedback from those that attended the workshop prompted a further SACID Intellectual Disability Awareness and Inclusion Workshop held at the end of June. Attendee feedback supported the workshops as being extremely beneficial in improving their knowledge and understanding of the needs and experiences of people living with an intellectual disability.



Getting your vaccine: information for people with intellectual disability

Join us on Wednesday 1 September 2021 at 11.00am to attend a webinar for people with an intellectual disability and supporters. The webinar is hosted by the Australian Government Department of Health and supported by Inclusion Australia.

The purpose of the meeting is to discuss the importance of getting a COVID-19 vaccine and answer questions from people with intellectual disability and supporters. Discussing COVID-19 vaccination will be:

- Professor Nick Lennox, Senior Medical Advisor for Disability & Health at the Department of Health. Nick has worked as a medical practitioner with people with intellectual disability over many years.
- Tara Elliffe, a self-advocate from NSW who has had a Covid jab. Tara will talk about her experience and why getting the jab was important to her.

A staff member from Inclusion Australia will also help with questions and other things. An Auslan interpreter and live captioning will be available during the meeting.

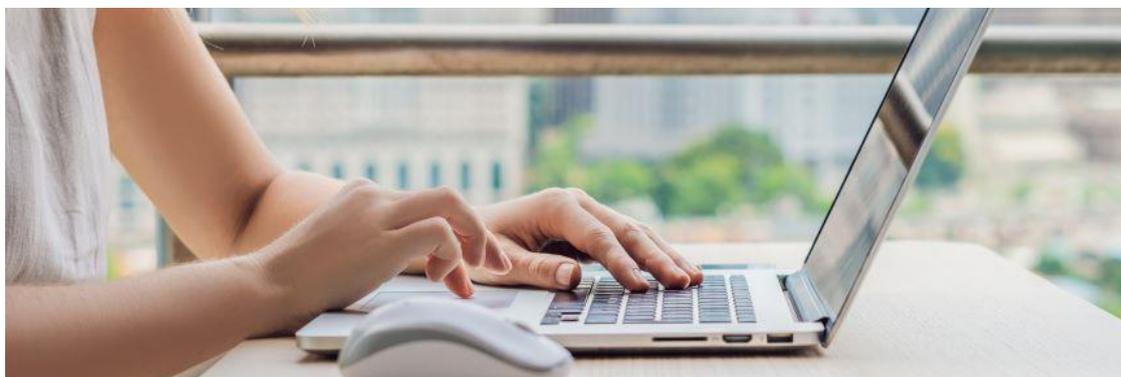
The meeting will be hosted over a platform called Webex. Once you have registered, we will send a link to your email address to view the webinar on Webex. Easy to read resource for people with an intellectual disability to access the webinar is available [here](#).

If you don't have Webex on your computer, it doesn't matter. You can still view the webinar through the online link.

The meeting will be recorded so people can watch it later on the Department of Health's website.

You can register to attend this webinar at this link:

<https://www.eventbrite.com.au/e/168185935661>



South Australian ECHO Program

SAPMEA is very excited to officially launch the [South Australian ECHO Program](#) with funding support from Wellbeing SA and our contributing partners, Country SA PHN and Adelaide PHN.

Kickstarting the program will be our **Alcohol and Other Drugs (AOD) ECHO Network** commencing in September. Join the AOD ECHO team to expand your knowledge and confidence to manage complex patient presentations and be a part of this invaluable professional support network.

Join the AOD ECHO Network to discuss and unpack alcohol and drug cases with multi-disciplinary peers and a panel of AOD experts.

To register to join the network [click here](#).



Changes to DVA Fee Schedule

Article has been published in DVA Provider News: [Changes to DVA Fee Schedule from 1 July 2021](#). This article provides information on key changes to DVA Fee Schedules that took effect on 1 July 2021.

Updated Immunisation

Resources, NCIRS fact sheets, FAQs and available resources can be found at <https://www.ncirs.org.au/health-professionals/ncirs-fact-sheets-faqs>



job postings

Nurse Manager and Treatment Room Nurse Positions Available

Waikerie Medical Centre is a well-established general practice in the Riverland. The practice supports GPs, GP Registrars, Interns as well as Flinders University medical students and offers a wide variety of scope for nurses working in rural general practice.

There is an opportunity for 2 experienced nurses to join the team. Registered and Enrolled nurses are invited to apply. Position 1 – Nurse Manager; Position 2 – Treatment room Nurse. Both positions are full time; job sharing will be considered for suitable applicants.

Are you a good communicator with a knowledge of triage, wound care and infection control, then this is the job for you. Support is available for necessary upskilling.

Current AHPRA registration and relevant checks as listed on the job specifications will be required.

Applications and requests for Job Descriptions to be emailed to the Practice Manager: mhahn@waikeriemedical.com.au or posted to Waikerie Medical Centre, Private & Confidential Attention: Practice Manager PO Box 396 Waikerie SA 5330. Applications close Friday 2 July 2021.

Registered Nurse Position Available

Southern Fleurieu Family Practice is an established general practice located in Yankalilla on the Fleurieu Peninsula and currently have an opportunity for an experienced Registered Nurse to join the team on a full-time basis.

Looking for an experienced general practice Registered Nurse with high level knowledge of triage; wound care; immunisations; cold chain management; infection control and sterilisation; ordering of medical supplies and vaccines; recalls and reminders; ear syringing; ECG; spirometry; health assessments; chronic disease management including preparation of GPMP & TCA; excellent interpersonal, organisation and time management skills.

Submit your application to pm@sffp.com.au attention to the Practice Manager.

Rural VR GP Adv Dip Obstetrics 0.8 FTE and VR GP Anaesthetics 0.8 FTE

Working as a GP on Kangaroo Island (KI) will allow you to combine the challenge and reward of working in a busy rural practice, with a great lifestyle in the perfect location. KI is just 25 minutes to Adelaide by plane, yet being an MMM7 area, lucrative rural retention allowances and incentives are available.

The clinic is currently staffed by 6 GP's (who also provide emergency on-call services to the KI Health Service), supported by 2 practice nurses, a practice manager and administration team, all with a commitment to providing high quality care to our patients.

At this boutique rural practice, we can offer a 3-4 day working week; up to 8 weeks annual/up-skilling leave for associate; a dynamic and supportive practice team; and combine the opportunity to practice your emergency and procedural medicine skills with a great lifestyle in the perfect location.

Essential requirements, FACRRM or FRACGP; Adv Dip Obstetrics (or equivalent) or VR GP Anaesthetics (or equivalent); and Emergency medicine experience

For more information, please contact our Practice Manager, Tanya Biddell on 08 8553 2037. Website www.kimedical.com.au



For more professional development opportunities go to
www.countrysaphn.com.au

Central Region

Cardiology Medical Professional Development - Nuriootpa

Monday 1 November 2021, 7.00pm

[Register Here](#)

North & West Region

Management of Ear Health in Aboriginal and Torres Strait Islander Children - Port Pirie

Wednesday 22 September 2021

6.00pm - 9.00pm

[Register Here](#)

Depression Dilemmas - Port Lincoln

Saturday 23 October 2021

9.00am - 5.00pm

[Register Here](#)

Cardiology Medical Professional Development - Port Lincoln

Thursday 7 October 2021, 7.00pm

[Register Here](#)

Yorke & Northern Region

Supporting Individuals After Disaster Training for General Practitioners and GP practice clinics - Yorke Peninsula

Monday 11 October 2021, 5.30pm - 7.30pm

[Register Here](#)

Dermatology Medical Professional Development - Maitland

Friday 15 October 2021, 7.00pm

[Register Here](#)

Psychological First Aid Training for Emergency Managers and Supervisors - Yorke Peninsula

Tuesday 12 October 2021

9.00am - 12.00pm

[Register Here](#)

Dermatology Medical Professional Development - Clare

Friday 19 November 2021, 7.00pm

[Register Here](#)

Trauma-related training for Emergency Services Personnel and Volunteers - Yorke Peninsula

Tuesday 12 October 2021, 2.00pm - 5.00pm

[Register Here](#)

Metro Region

Impossible is just a state of mind - Adelaide

Wednesday 8 September 2021
1.00pm

[Register Here](#)

Mental Health First Aid Training - Royston Park

Thursday 9 September - Friday 10
September 2021, 8.00am - 4.00pm

[Register Here](#)

Sexual and Reproductive Health Workshop - Woodville

Tuesday 14 September 2021
9.00am - 5.00pm

[Register Here](#)

Foundation of LGBTI Inclusion Workshop - Woodville

Friday 17 September 2021
9.30am - 2.30pm

[Register Here](#)

Acute Mental Health for Rural GP's - Royston Park

Saturday 18 September 2021
8.45am - 4.30pm

[Register Here](#)

2021 APNA Conference Roadshow - Adelaide

Monday 8 November to Tuesday 9
November 2021

[Register Here](#)

Webinars

Investigating symptoms of lung cancer: What's the evidence?

Thursday 9 September 2021
6.00pm - 7.00pm (AEST)

[Register Here](#)

Navigating the workplace with a heart condition

Saturday 4 September 2021
2.00pm - 3.30pm (AEST)

[Register Here](#)

e-Learning

Eating Disorder Core Skills: eLearning for GPs

Comprehensive foundational eating disorder training developed specifically for GPs. The training provides GPs with the key information needed to provide best practice care for patients with eating disorders.

[Register Here](#)

Foundations of Chronic Disease

The program is aimed at a range of health professionals working within Aboriginal and Torres Strait Islander Health or have Aboriginal and/or Torres Strait Islander clients.

[Register Here](#)

National Comorbidity Guidelines Train-the-Trainer Workshops

Thursday 30 September 2021
8.30am - 4.30pm (AEST)

[Register Here](#)

National Comorbidity Guidelines Train-the-Trainer Workshops

Tuesday 23 November 2021
8.30am - 4.30pm (AEST)

[Register Here](#)



YOUR OPINION MATTERS

Research into long-acting reversible contraception and medical abortion

If you are a **general practice GP, general practice nurse or primary care pharmacist**, please take the time to complete this short 10-15 minute survey to help us establish the current national baseline levels of knowledge, attitudes and practice of long-acting reversible contraception and medical abortion.

You will be reimbursed with a **\$40 gift card**.

<https://redcap.helix.monash.edu/surveys/?s=N3HWPYM9XD>

Research Project - Navigating Change

The Plug-in is supported by Office for Ageing Well and Wellbeing SA to explore how people aged over 50 years old navigate community-wide change, with a focus on regional South Australians. The project has launched with a state-wide survey and will be followed up with a series of focus groups and interviews early next year in several locations. The findings will be used to develop guiding principles for programs that support communities through these changes.

In this first stage, The Plug-in is looking for participants to complete an online survey which will take no longer than 10 minutes to complete. The only criterion is that people be aged 50 years or over.

Complete the survey here <https://survey.zohopublic.com/zs/ZGCsZA>

CONTACT US

Beckwith Park, 30 Tanunda Road, Nuriootpa SA 5355

PO Box 868, Nuriootpa SA 5355

T 08 8565 8900 F 08 8311 1723

E admin@countriesaphn.com.au



Country SA PHN would like to acknowledge the Traditional Custodians of the lands across Australia and pay respects to the Elders past present and future. We recognise and respect the unique cultural and spiritual relationships to the land, waters and seas, which continue to be important to Aboriginal and Torres Strait Islander people living today.

Country SA PHN gratefully acknowledges the financial and other support from the Australian Government Department of Health.

[Click here](#) to update your subscription preferences.