

National Psychosocial Support Activity Work Plan 2021 - 2022

phn
COUNTRY SA

An Australian Government Initiative

Strategic Vision



The purpose of the Psychosocial Support Interface funding is to ensure that psychosocial services are available for those who require support and to ensure there are no gaps in service delivery for Partners in Recovery (PIR), Day to Day Living (D2DL) and Personal Helpers and Mentors Program (PHaMs) Commonwealth community mental health clients.

The focus will be to support Commonwealth community mental health clients to test for eligibility under the National Disability Insurance Scheme (NDIS) as well as plan, fund, commission and establish services under the Continuation of Support (CoS) and integration of services with the National Psychosocial Support (NPS) program.

Overview

This National Psychosocial Support (NPS) Activity Work Plan covers the period from 1 July 2021 to 30 June 2022.

Commission the National Psychosocial Support Measure in accordance with the NPS Guidance Program

The aim of this activity is to build psychosocial functional capacity of clients who are not accessing the NDIS that addresses individual needs and complements clinical mental health and physical health services.

Country SA PHN (CSAPHN) will continue to commission non-government organisations with expertise in delivering services to people with mental illness and to deliver psychosocial support services. A tendering process has been undertaken to determine the most appropriate organisations to deliver this service.

All contracted services will continue to be monitored and evaluated in accordance with provided schedules for activity and the overarching PHN performance and commissioning frameworks.

All NPS service providers will:

- support referrers to ensure individuals are appropriately referred to the most suitable psychosocial treatment available.

- interact with the broader social services sector
- effectively manage and monitor data
- engage with the Local Health Networks (LHNs) and acute sector
- provide NDIS testing/re-testing support to up to 77% of NPS-M clients who are assessed as requiring ongoing and higher levels of support

Commission existing Commonwealth funded psychosocial support service providers to deliver Extended Transitional Support for 12 months in accordance with the NPS Guidance material

To ensure all active Commonwealth Community Mental Health (CCMH) clients who have been found ineligible for supports under the NDIS receive appropriate ongoing psychosocial support services whilst ongoing CoS 2 arrangements are considered.

The activity will engage and commission providers of former CCMH programs (PIR, PHaMs and D2DL) to deliver 12 months of the Continuity of Support (CoS) service to facilitate time for CSAPHN to develop a new process for the ongoing CoS 2 service and NPS connectivity in each region.



Commission new psychosocial services under Continuity of Support (CoS) for country South Australia

The aim of the activity is to commission new psychosocial support services targeted to support clients who previously accessed services under the Commonwealth community mental health programs (PIR, D2DL and PHaMs) who are ineligible for the NDIS.

The aim of this activity is to commission new psychosocial support services targeted to support clients who previously accessed services under the CCMH programs PIR, D2DL and PHaMs, and who are ineligible for support under the NDIS.

New CoS providers deliver services that are complementary to those available within the sector through other Government funded psychosocial initiatives and mental health programs, with a recovery and strength based-focus for clients. These services aim to:

- increase personal capacity, confidence and self-resilience;
- increase social participation and interaction;
- streamline access and approach to appropriate services;
- provide flexible and responsible support in accordance with program guidance documentation; and
- Support clients requiring ongoing and higher levels of service to re-test eligibility for the NDIS.

Undertake an “unmet need” project to identify developing gaps in the psychosocial sector

The aim of the activity is to develop a robust picture of the unmet need for psychosocial services within country SA and in particular locations to inform ongoing CSAPHN commissioning.

Collaborate with relevant organisations to gather evidence and data on unmet need, particularly for new referrals in country SA regions who are currently without National Psychosocial Support Measures (NPSM) services.

Ensure regular updates are provided to the South Australian NDIS.

Ensure commissioned services complement or enhance existing services under the South Australian NPS measure bilateral agreement

Developing referral pathways for clinicians, community mental health providers and State government funded clinical mental health services to enable people within the community to access CSAPHN funded psychosocial supports.

NPS services complement and enhance the Intensive Home Based Support Service (IBHSS) delivered by the State government under the NPSM bi-lateral agreement.

The IBHSS is the service delivered under the NPSM bi-lateral agreement by the State government. Neami National are funded to deliver this service across South Australia.

CSAPHN will continue to collaborate with Neami National to ensure our services have good referral pathways for clients between the services and do not duplicate activity.

Planning, funding, commissioning and establishing psychosocial supports to support clients of previously funded Commonwealth community mental health programs

To support Commonwealth community mental health clients to test for eligibility under the NDIS via planning, funding, commissioning and establishing services under the CoS and integration of services with the NPS program while ensuring no gaps in service delivery to these clients.

Activities will include but not limited to:

- Operational and internal administrative support for planning, funding, commissioning and establishing psychosocial supports to support clients of Commonwealth community mental health programs (PIR, D2DL and PHaMs) that ceased on 30 June 2019.



- Targeted projects to scope areas in which service providers may require extra support to assist their hard-to-reach clients to test for NDIS eligibility, as well as promoting activities and processes that are working well.
- Providing information and advice to all stakeholders on the psychosocial supports and programs available.
- Working closely with current service providers of PIR, D2DL and PHaMs to support clients to continue to receive supports and to transition to new arrangements for which they are eligible.
- Collecting and managing client data received from current PIR, D2DL and PHaMs service providers to ensure a smooth transition for clients to new arrangements.

