

# Home Medicines Review

What you need to know about a Home Medicines Review.



Easy Read



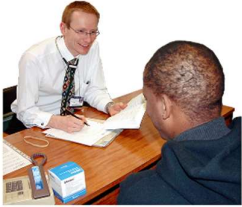
Connect-Able Intellectual Disability Project,  
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# What is a Home Medicines Review?

A Home Medicines Review involves



- You
- Your doctor
- A specially trained **pharmacist**.



A **pharmacist** is a person who can give you your **prescription medicine**.

**Prescription medicine** is medicine that your doctor tells you to get.

Medicine and medication mean the same thing. This could be things such as:

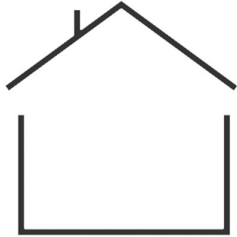


- tablets
- liquid medicine
- creams
- eye or ear drops, or
- inhalers.

You might have other things as a part of your medicines.



You work together with the pharmacist to help manage your medicines and make sure they are safe for you.



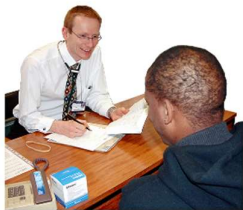
The pharmacist will visit you at your home or somewhere else you choose.



They will go through your medicines with you and your support person if you want.



They will answer any questions.



They will make suggestions for you and your doctor so that you get the best from your medicines.

They will make sure your medicines are used safely.



You will need a **referral** from your doctor to have a Home Medicines Review.

A **referral** is when your doctor recommends you to a specialist, such as a pharmacist.



The Home Medicines Review visit and the pharmacist report will not cost you anything if you have a current Medicare or Department of Veterans' Affairs card.



All the information from the Home Medicines Review will stay private between you, your doctor, and the pharmacist.

## The Home Medicines Review will:



- Give you information about you and your medicines.



- Make your medicine routine easier.



- Build your confidence in taking and storing your medicines.



- Give you time to talk and ask questions about your medicines.



- Make sure your medicines are working well for you.

# Who should have a Home Medicines Review?

A Home Medicines Review can be helpful if you:

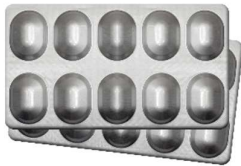


✓ Take more than 5 medicines a day.



✓ See more than 1 doctor.

✓ Start a new medicine.



✓ Change the dose of your medicine.

✓ Think you get **side effects** from your medicine.

**Side effects** can happen when a medicine isn't right for you. Side effects could include feeling drowsy, feeling dizzy, or getting a rash.



✓ Have recently been in hospital.



✓ Have trouble taking or remembering to take your medicine.



✓ Feel confused or worried about any of your medicines.

✓ Want help to keep track of your medicine.

# How does the Home Medicines Review work?

1

## Step 1: Talk to your doctor about a Home Medicines Review.



Your doctor will send a referral to a pharmacist.

You can choose the pharmacist if you want.



2

## Step 2: Book the review.



The pharmacist will call you to book a time to meet you in your home.

You can have a

- family member
- friend, or
- carer



with you during the review if you want.

### 3

#### Step 3: Prepare.

Before the review collect all the medicines you take together. Include:



- prescription medicines
- non-prescription medicines that you buy from the pharmacy, supermarket, health food shop or order online
- vitamins, supplements and herbal products
- inhalers
- patches
- creams
- eye and ear drops.

### 4

#### Step 4: The review.

The pharmacist will come to your home.

They will talk to you about all the medicines you take.

They will answer any questions.

They will write a report for your doctor.





# 5

## Step 5: Follow up with your doctor.

After the review, book an appointment with your doctor.



Your doctor will:

- talk to you about the report.
- write a management plan for your medicines.
- talk to you about any changes.



With your consent, the doctor will send a copy of your plan to your pharmacy so they can help you. You can share it with other people involved in your care if you want to.



The pharmacist who visited might call you to see how you are going.



They might book a **follow-up visit**.

A **follow-up visit** is when the pharmacist visits you again to check that everything is going well for you with your medicines.



## Contact us



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