



# How to have conversations about dying and grief

## About the course

Conversations about dying and grief can be hard, but they're important.

This one-hour education course provides practical tips on how to have caring and compassionate conversations with loved ones, colleagues, neighbours or friends about a stage a life we often avoid talking about.

## Why attend?

The way we care for our dying reflects the humanity and compassion of our society. Through training, we can create resilience, understanding and capacity within our community, helping us care for our loved ones, families and friends.

## Who can attend?

The course is for all members of the community, and there is no requirement for training or experience within the health or palliative care space to attend. While not directly targeted to health professionals, we welcome the attendance of everyone interested in these areas.

## What topics are covered?

- Having a Compassionate Ear
- Responding with Compassion
- Helpful Conversations
- Self-care

## Wednesday 20 September 2023 | 3pm-4pm

General Admission \$15; PCSA Members \$10; Concession \$10;  
**FREE** for people living or working in Country SA, *via funding from Country SA PHN.*

Online live webinar via Zoom.

Register: <https://palliativecaresa.org.au/events-and-training-calendar/>

Places limited. Phone enquiries: (08) 8271 1643.