

Country SA - NMHSPA Bilateral PHN Program 2023/24 - 2026/27 Activity Summary View



NAB-H2H - 01 - Adult Mental Health Centre and Satellite Network



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

01

Activity Title *

Adult Mental Health Centre and Satellite Network

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

In accordance with the published service model, guidance provided by the Department and within the funding amounts provided for this Activity, CSAPHN must establish and operate Head to Health adult mental health Satellite service in Port Pirie.

Description of Activity *

CSAPHN will commission the Head to Health adult mental health Satellite service in Port Pirie to provide the following core service elements:

- i. respond to people experiencing crisis or in significant distress;
- ii. provide a central point to connect people to other services in the region, including through offering information and advice

about mental health, service navigation and referral pathways for individuals and their carers and family;
 iii. provide in-house assessment using the Intake, Assessment and Referral (IAR) decisional support tool to connect people with the most appropriate services; and
 iv. provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Building on existing service integration and needs based planning, CSAPHN will:

- i. work with the Yorke and Northern Local Hospital Network to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites; and
- iii. integrate with the national Head to Health intake and assessment phone service.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Integrated and coordinated care across the health system	65
Access to specialist MH services	68



Activity Demographics

Target Population Cohort

Head to Health adult mental health centres provide a safe and welcoming space for people, their family and friends in Country SA who may be in distress or crisis, or need help finding the right mental health services for their individual needs.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Mid North	40503



Activity Consultation and Collaboration

Consultation

Community and stakeholder engagement and consultation continues to occur, inclusive of regional mental health service mapping in 2024 in Port Pirie to map local steps of care against IAR levels of care in preparedness for the head to health satellite.

Monthly establishment and implementation meetings occurring with the Local Health Network, local lived experience representatives and the service provider during service establishment. Frequency will reduce and focus translon to service integration within key referral partners and service provider performance management.

Regular scheduled engagement with the commissioned service provider delivering the National Head to Health intake and assessment phone service.

Collaboration

Building on existing service integration and needs based planning, CSAPHN will:

- i. work with the Yorke and Northern Local Hospital Network to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. Fully integrate with the National Head to Health intake and assessment phone service;
- iii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

30/06/2024

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: Yes
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

CSAPHN will work with the Service Provider in co-design of the service model and ensure integration with broader Head to Health network and local health systems .



NAB-HE - 01 - Headspace Enhancement - Berri



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

01

Activity Title *

Headspace Enhancement - Berri

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Murray and Mallee	40703



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 02 - Headspace Enhancement - Mount Barker



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

02

Activity Title *

Headspace Enhancement - Mount Barker

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Adelaide Hills	40102



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 03 - Headspace Enhancement - Mount Gambier



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

03

Activity Title *

Headspace Enhancement - Mount Gambier

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Limestone Coast	40702



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 04 - Headspace Enhancement - Murray Bridge



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

04

Activity Title *

Headspace Enhancement - Murray Bridge

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Murray and Mallee	40703



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 05 - Headspace Enhancement - Victor Harbor



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

05

Activity Title *

Headspace Enhancement - Victor Harbor

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Fleurieu - Kangaroo Island	40701



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 06 - Headspace Enhancement - Port Augusta



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

06

Activity Title *

Headspace Enhancement - Port Augusta

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

Please Note: In 2023-24 headspace Port Augusta will receive \$988,157.58 (excl GST) core service funding and was allocated \$405,000 (excl GST) enhancement funding through the NABS, this will increase the total centre funding in 2023-24 to \$1,393,157.58 (excl GST).

headspace Port Augusta will reach total combined funding of \$1,442,778.64 (excl GST) in 2025-26

CSAPHN is in discussion with headspace National and the Commonwealth - Youth mental health section to reallocate the surplus based on the local needs analysis. Once approvals and consultation has occurred CSAPHN will update the AWP to show headspace Port Augusta new funding floor of \$1.25m and the surplus enhancement funding approx. \$192,778.64 (excl GST) will be allocated to headspace Mount Barker.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Outback - North and East	40602



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: Yes
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.
Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-HE - 07 - Headspace Enhancement - Whyalla



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

07

Activity Title *

Headspace Enhancement - Whyalla

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

Enhance individual headspace services' capacity to respond to local need and increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention for the headspace Centres and sites in our region.

Activity will follow the Primary Health Network Youth Mental Health Activity Guidance and reflect the National headspace service model.

Description of Activity *

Results expected to be achieved within planning period:

Provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness

- Increased access to supports via recruitment of additional clinical and non-clinical staff
- Recruitment of identified positions reflective of community demographics eg: cultural advisors/care connectors
- Enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- building the capacity of the workforce via professional development and upskilling, including upskilling in culturally appropriate

care

- Improving the implementation of appropriate and evidenced based approaches
- Supplementing salaries for the existing multi-disciplinary workforce
- Improving care coordination, referral pathways and service integration with state-funded and other PHN commissioned services
- Increasing community engagement and awareness activities, particularly with priority populations extend opening hours, employ more clinicians, or undertake additional community engagement

In addition for Satellites there will be increased access and service delivery due to extended opening hours and the ability to employ more clinicians and undertake additional community engagement activity.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Access to mental health services in rural and remote areas	66
Access to specialist MH services for young people	66
Access to specialist services to support developmental health and wellbeing of children and youth	71



Activity Demographics

Target Population Cohort

Children and young people aged 12-25 with, or at risk of mental illness (including those with severe mental illness who are being managed in primary care), particularly young people with more complex care needs, in high need locations.

Regional coverage by LGA regions:

Berri Barmera
Mount Gambier
Murray Bridge
Port Augusta
Whyalla
Mount Barker
Victor Harbor (satellite)

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Eyre Peninsula and South West	40601



Activity Consultation and Collaboration

Consultation

Liaise and work with headspace national in expanding and enhancing the existing headspace network in Country SA PHN.

All of the headspace sites and lead agencies are regularly visited, consulted and supported by CSAPHN to ensure the focus of each is aligned to local need. Ongoing monitoring and discussions are undertaken to ensure that the services remain effective and efficient.

The five Local Health Networks aligned to the respective headspace sites will be engaged and consulted to ensure established referral pathways and existing shared care arrangements are considered as part of the enhancement activity.

Youth reference groups will be engaged in consultation by the headspace sites.

Collaboration

Lead Agencies will operationalise the service agreement and codesign new activity within the local service landscape. CSAPHN will continue to have a relationship with lead agencies at all eight rural sites. By proxy of the consortia model, centres have a collaboration relationship with primary care, mental health, alcohol and drug and vocational services.

CSAPHN will consult with lead agencies and headspace National Office and Local Health Networks throughout the implementation of the Enhancement funding.

Consultation undertaken and ongoing with headspace youth reference groups to ensure Enhancement activities embed the voice of youth in operations.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Deed of Variation to lead agencies current 2023-25 contracts to enhance service delivery of existing headspace providers.

Existing headspace providers will continue to be monitored against Performance Based Commissioning (PBC) model and principles.



NAB-H2H - 02 - Adult Mental Health Centre - Mount Gambier Satellite



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

02

Activity Title *

Adult Mental Health Centre - Mount Gambier Satellite

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Head to Health Adult Mental Health

Aim of Activity *

In accordance with the published service model, guidance provided by the Department and within the funding amounts provided for this Activity, Country SA PHN must establish and operate Head to Health adult mental health Satellite service in Mount Gambier.

Head to Health adult mental health sites will provide a safe and welcoming space for people, their family and friends, who may be in distress or crisis, or need help finding the right mental health services for their individual needs. The service support adults experiencing moderate to high levels of emotional distress, crises, mental ill health, and/or addiction, and their families and carers through a 'no wrong door' approach.

Description of Activity *

CSAPHN will commission the Head to Health adult mental health Satellite service in Mount Gambier to provide the following core service elements:

- i. respond to people experiencing crisis or in significant distress;
- ii. provide a central point to connect people to other services in the region, including through offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family;
- iii. provide in-house assessment using the Intake, Assessment and Referral (IAR) decisional support tool to connect people with the most appropriate services; and

iv. provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Building on existing service integration and needs based planning, CSAPHN will:

- i. work with your Local Hospital Network (or equivalent) to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites; and
- iii. integrate with the national Head to Health intake and assessment phone service.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Integrated and coordinated care across the health system	65
Access to specialist MH services	68



Activity Demographics

Target Population Cohort

Head to Health adult mental health centres provide a safe and welcoming space for people, their family and friends, who may be in distress or crisis, or need help finding the right mental health services for their individual needs.

The target population for this service is aimed at People aged 18 - 65 years experiencing moderate to high levels of emotional distress, crises, mental ill health, and/or addiction, and their families and carers through a 'no wrong door' approach.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Limestone Coast	40702



Activity Consultation and Collaboration

Consultation

Tender is closed and successful service provider engaged.

Community and stakeholder engagement and consultation continues to occur, inclusive of regional mental health service mapping in 2023 to map local steps of care against IAR levels of care in preparedness for the head to health satellite. Further placed based consultation and codesigned is planned in 2024 and is to be led by the service provider as it further embeds the service into the regional service sector and broader community.

Monthly establishment and implementation meetings occurred with the Local Health Network, SA Dept of Health and Wellbeing and the Office of the Chief Psychiatrist along with local lived experience representatives and the service provider during service establishment. Frequency will reduce and transition to service integration within key referral partners and service provider performance management.

Regular scheduled engagement with the commissioned service provider and the growing community of practice in CSAPHN of providers delivering Head to Health Centres, Satellites and also the intake and assessment phone service.

Collaboration

Building on existing service integration and needs based planning, Country SA PHN will:

- i. work with our Local Hospital Network (or equivalent) to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites.



Activity Milestone Details/Duration

Activity Start Date

01/07/2021

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: Yes
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



NAB-H2H - 03 - Adult Mental Health Centre - Mount Barker



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

03

Activity Title *

Adult Mental Health Centre - Mount Barker

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Head to Health Adult Mental Health

Aim of Activity *

In accordance with the published service model, guidance provided by the Department and within the funding amounts provided for this Activity, Country SA PHN must establish and operate Head to Health adult mental health Centre service in Mount Barker, to be co-located with the Urgent Mental Health Care Centre Service funded by the South Australian Government.

Under the March 2024 updated South Australian Bilateral schedule on Mental Health and Suicide Prevention the Mount Barker head to Health centre will be inclusive of enhancements to provide additional urgent and crisis support capabilities, beyond the requirements of the national Adult Head to Health Services Model. These enhancements are as a result of funding via the South Australian Government as identified in the Bilateral schedule.

Head to Health adult mental health sites will provide a safe and welcoming space for people, their family and friends, who may be in distress or crisis, or need help finding the right mental health services for their individual needs. The service support adults experiencing moderate to high levels of emotional distress, crises, mental ill health, and/or addiction, and their families and carers through a 'no wrong door' approach.

Description of Activity *

Country SA PHN will commission the Head to Health adult mental health Centre service in Mount Barker to provide the following core service elements:

- i. respond to people experiencing crisis or in significant distress;
- ii. provide a central point to connect people to other services in the region, including through offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family;
- iii. provide in-house assessment using the Intake, Assessment and Referral (IAR) decisional support tool to connect people with the most appropriate services; and
- iv. provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Building on existing service integration and needs based planning, Country SA PHN will:

- i. work with our Local Hospital Network (or equivalent) to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites; and
- iii. integrate with the national Head to Health intake and assessment phone service.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2022-2025 (Nov 2023) V3

Priorities

Priority	Page reference
Integrated and coordinated care across the health system	65
Access to specialist MH services	68



Activity Demographics

Target Population Cohort

Head to Health adult mental health centres provide a safe and welcoming space for people, their family and friends, who may be in distress or crisis, or need help finding the right mental health services for their individual needs.

The target population for this service is aimed at People aged 16 - 65 years experiencing moderate to high levels of emotional distress, crises, mental ill health, and/or addiction, and their families and carers through a 'no wrong door' approach.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Adelaide Hills	40102



Activity Consultation and Collaboration

Consultation

Tender is closed and successful service provider engaged.

Community and stakeholder engagement and consultation continues to occur, inclusive of regional mental health service mapping in 2023 in Mount Barker to map local steps of care against IAR levels of care in preparedness for the head to health satellite. Further placed based consultation and codesigned is planned for 2024 and is to be led by lived experience representatives.

Monthly establishment and implementation meetings occurring with the Barossa Hills and Fleurieu Health Network, SA Dept of Health and Wellbeing and the Office of the Chief Psychiatrist along with local lived experience representatives and the service provider during service establishment. Frequency will reduce and focus transition to service integration within key referral partners and service provider performance management.

Regular scheduled engagement with the commissioned service provider and the growing community of practice in CSAPHN of providers delivering Head to Health Centres, Satellites and also the intake and assessment phone service.

Collaboration

Building on existing service integration and needs based planning, Country SA PHN will:

- i. work with our Local Hospital Network (or equivalent) to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- ii. liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites.
- iii. work closely with South Australia Health in the joint planning and co-commissioning of this enhanced service.



Activity Milestone Details/Duration

Activity Start Date

03/05/2022

Activity End Date

30/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments