Australian Government

National Training – Initial Assessment and Referral (IAR) for Mental Healthcare

August & September 2025 Workshop Schedule

The IAR Guidance (IAR) and Decision Support Tool (IAR-DST) is designed to establish a national, standardised approach to conducting initial mental health assessments, and support general practitioners and other clinicians to recommend the most appropriate level of care for a person seeking mental health support. The IAR and the IAR-DST are an Australian Government Department of Health, Disability and Aging initiative bringing together information from various sources, including Australian and international evidence and advice from various leading experts. The IAR-DST is not an assessment tool.

This is an RACGP and ACRRM approved event, and a certificate of attendance will be issued by your local PHN to self-report hours

The Workshop

The first component of the workshop will focus on:

- An introduction to the IAR and the development of the National Guidance, including stepped care in Australia.
- Orientation to the domains, levels of care, and decision support tool.

The second component of the workshop is an interactive **practical activity**, which includes:

- Application of the IAR-DST based on a consumer scenario.
- Clinical judgement and supported decision-making.

Learning outcomes

1. Discuss the principles underpinning the national approach to stepped care.
2. Summarise the IAR development process.
3. Explain the use of IAR Guidance in practice settings to generate a recommended level of care.
4. List the levels of care in relation to available regional services
5. Identify the principles related to clinical decision making and consumer choice

The workshop will be facilitated by an experienced IAR Training and Support Officer (TSO) from the National TSO Network.

Please click on the links below to register.

Date and Time	Adaptation	Scenario	Registration link
Tues 5th Aug 2025 12:00pm-2:00pm AEST	Adolescent	Lucy	https://events.humanitix.com/iar-dst-national-training-tues-5th-august-2025
Frid 15th Aug 2025 12:00pm-2:00pm AEST	Child	Crystal	https://events.humanitix.com/iar-dst-national-training-frid-15th-aug-2025
Mon 18th Aug 2025 7:00pm-9:00pm AEST	Older adult	Robert	https://events.humanitix.com/iar-dst-national-training-mon-18th-aug-2025
Wed 27th Aug 2025 10:00am-12:00pm	Adult	Jessica	https://events.humanitix.com/iar-dst-national-training-wed-27th-aug-2025
Thurs 4th Sept 2025 12:00pm-2:00pm	Child	Charlie	https://events.humanitix.com/copy-of-iar-dst-national-training-tues-4th-sept-2025
Frid 12th Sept 2025 10:00am-12:00pm	Adolescent	Brandon	https://events.humanitix.com/iar-dst-national-training-frid-12th-sept-2025
Tues 16th Sept 2025 7:00pm-9:00pm	Older adult	Marco	https://events.humanitix.com/iar-dst-national-training-tues-16th-sept-2025
Tues 23rd Sept 2025 10:00am-12:00pm	Adult	William	https://events.humanitix.com/iar-dst-national-training-tues-23rd-sept-2025

By registering for an event, registration details will be transferred to ZOOM Webinar. Please click here to view the ZOOM Privacy Policy.

For more information about this training, contact:

Amy Steven
Mental Health TSO Lead - National IAR TSO Support Project
Iar.dst@cesphn.com.au